

# **FN 101 Introduction to the Professions of Dietetics and Nutrition**

## **Fall 2017**

Introduction to the fields of nutrition, dietetics and food service administration. Topics focus on the educational requirements and the role of the dietitian in various settings. (1 credit – pass/fail)

**Class Time:** Lecture 8:00-8:50 MW CPS 116 9/5/2017-10/27/2017

**Instructor:** Deborah Tang, MS, RD, CD

**Office:** CPS 240B

**Phone:** 715-346-2749      **Email:** [dtang@uwsp.edu](mailto:dtang@uwsp.edu)

**Office Hours:** I plan to be available on Mondays from 9:00-11:00 a.m. and Thursdays from 10:00 a.m.-12:00 p.m. However, times may vary for some weeks due to meetings and other unforeseeable circumstances. It is best to make arrangements with me in person or via email to secure a meeting time. There may be other times more convenient for you that can be arranged as well.

### **Rental Text:**

Payne-Palacio, J.R., Canter, D.D., *The Profession of Dietetics, A Team Approach*, Jones and Bartlet Learning, LLC., 4<sup>th</sup> ED., 2011.

### **Reference Text:**

Hacker, Diana, and Nancy Sommers. *Rules for Writers*. 7<sup>th</sup> ed. Boston: Bedford/St. Martin's, 2012.

### **Objectives:**

At the end of this course the student will be able to:

- Describe the profession of dietetics and nutrition.
- Identify the Academy of Nutrition & Dietetics Standards of Professional Practice for dietetics professionals and Code of Ethics for the profession of dietetics.
- Explain the pathway to becoming a Registered Dietitian.
- Begin developing a learning electronic portfolio.
- Develop an academic plan and extra-curricular plan to obtain a post-graduate career goal.
- Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.

**Please note: This course does not meet the Wellness GEP. It is intended to highlight the educational path and career opportunities for students considering dietetics and nutrition as a major.**

## **2017 ACEND Accreditation Standards for Nutrition and Dietetics Didactic Programs (DPD)**

**KRDN 2.2** Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the code of Ethics for the Profession of Nutrition and Dietetics; and describe interprofessional relationships in various practice settings.

**KRDN 2.7** Demonstrate identification with the nutrition and dietetics profession through activities such as participation in professional organizations and defending a position on issues impacting the nutrition and dietetics profession.

### **Desire To Learn (D2L):**

This class uses Desire2Learn (D2L), UWSP's Online Learning Management System. Your course syllabus, assignment worksheets, course materials, and grades will be found here. You can log into D2L at <http://www.uwsp.edu/d2l/Pages/default.aspx> with your UWSP login. D2L can also be found on your MyPoint portal on the Academics tab.

### **Assignments:**

All assignments (except notes from the resume workshop) are to be submitted electronically into our D2L course dropbox.

### **Guest Speakers:**

Throughout the semester, professionals in the fields of dietetics and nutrition are invited to visit and share their experience and expertise with our class. To encourage students to attend and learn from these invaluable sessions, points will be awarded for attendance. Please come prepared with questions for the guest speakers.

### **Academic Conduct:**

This course is part of the UW-Stevens Point academic community, an academic community that is bound together by the traditions and practice of scholarship. Honest intellectual work – on written assignments is essential to the success of this community of scholars. Disguising words written by others as your own undermines the trust and respect on which our course depends. I have every confidence that each of you can succeed. Doing your own work will enhance your sense of accomplishment when the semester comes to a close.

Additionally, the classroom environment is a unique opportunity for students to share ideas, opinions, discuss classroom and course content. As each student is entitled to contribute in class, specific expectations are necessary to ensure a thriving classroom environment. Expectations include: arriving to class on time, being prepared for class, and keeping cell phones silenced or turned off and put away. Behaviors such as loud shouting, excessive side conversations, arriving to class under the influence of any alcohol or drugs, profane language, and verbal or physical threats, intimidation of any kind, or any other behavior that may be disruptive to the instructor or other students are considered unacceptable. If any of this behavior is exhibited, you may be asked to leave the class for the day. Any continued disruptive behavior may result in a referral to the Dean of Students Office.

For additional information, please refer to the statements on Academic Standards as outlined by the Office of Student Rights and Responsibilities. You can read the full text of Chapter 14 on “Student Academic Standards & Disciplinary Procedures” at <http://www.uwsp.edu/dos/Documents/CommunityRights.pdf#page=11>

### **Electronic Devices:**

The use of cell phones will not be permitted during lectures. Please turn your phone to vibrate or turn it off completely. With permission from the instructor, calls may be taken outside the classroom in cases of emergency. Laptops or iPads are permitted only for note taking activities related to course content, not for web browsing or completing assignments for other classes. Students will be asked to leave their electronics at the front of the classroom until the end of the class period if misuse is observed.

### **Special Accommodations:**

Within the first 2 weeks of class, students requiring special accommodations and/or program access should arrange an appointment with UWSP Disability and Assistive Technology Center located at the Learning Resource Center (LRC 609), telephone (715)346-3365. After the assessment, please provide eligibility documentation to me in order to request appropriate accommodations

### **Class Points:**

Job Search assignment	20% (Due September 20, D2L dropbox)
Electronic portfolio assignment	30% (Due Oct 11, D2L dropbox)
Attend a resume workshop*	10% (Submit hardcopy original signed notes in class by Oct 18)
Build your resume	10% (Due Oct 18, D2L dropbox)
Guest speakers' attendance points	30% (6% for each session)
	Total of 6 guest speakers (one excused absence)

\*You must attend **one resume workshop** presented by the Academic and Career Advising Center (ACAC).

**Dates, times, and locations of workshops will be announced shortly.**

As proof of your attendance, take notes during the session and ask the presenter to autograph your notes at the end of the session. You can submit your original notes at any time up to the due date of October 18. Notes will be returned to you during the last class.

**This class is pass/fail. A student must accumulate 70% to pass.**

## One Free Pass - No Questions Asked!

This pass entitles a student to one late assignment submission, up to one week late (until midnight). This pass can only be used once in FN 101.

Student: \_\_\_\_\_

Date submitted:

Original Due Date:

Assignment:

Please submit an electronic copy of this coupon (filled in) with your assignment in the "Late Assignment" dropbox.

### Tentative Schedule for FN 101 – Fall 2017

Week	Date	Topic	Text Chapter
1	9/6	Introduction Develop questions for guest speakers	1, 2, 8
2	9/11	Guest Speaker – Academic & Career Advising Center <a href="http://www.uwsp.edu/career/">http://www.uwsp.edu/career/</a>	D2L postings
	9/13	Academy of Nutrition and Dietetics (A.N.D.) <a href="http://www.eatright.org">www.eatright.org</a> Society for Nutrition Education and Behavior (SNEB) <a href="http://www.sneb.org/">www.sneb.org/</a> <b>Introduce Job Search Assignment</b>	5
3	9/18	Education – nutrition and dietetics Dietetic internship and RD exam <b>Introduce Build Your Resume Assignment</b>	6 Ch 7, pp. 157-162
	9/20	Commission on Dietetic Registration (CDR) Professional Development, continuing education Dietetics Practice Groups (DPG) <b>Job Search Assignment due, submit in D2L dropbox</b>	7 Ch 8, pp.176-178
4	9/25	Electronic portfolio <b>Introduce Electronic Portfolio Assignment</b>	4, D2L
	9/27	Electronic portfolio Q&A - Computer lab ( <b>CPS 107</b> ) drop in	
5	10/2	Guest speaker	
	10/4	Guest speaker	
6	10/9	Guest speaker	
	10/11	Guest speaker <b>Electronic Portfolio Assignment due, submit in D2L dropbox</b>	
7	10/16	Guest speaker	
	10/18	Future of nutrition and dietetics <b>Build your resume assignment due – submit in D2L dropbox</b> <b>Signed notes from resume workshop due – submit hardcopy, will be returned at the last class</b>	9
8	10/23	Standards of Practice (SOP), Standards of Professional Performance (SOPP), Code of Ethics	Ch 7, pp. 157-162
	10/25	Professionalism...here and now Wrap up	10